

# 23rd INTERNATIONAL TEACHING WEEK

## List of Topics

### **Pedro Aleixo, Universidade Lusófona, Portugal**

- T1) An Exercise Program to Prevent Falls in the Elderly Based on Biomechanical Characteristics of Movement \*
- T2) Variables to Prescribe Training for Postural Stability and Joint Stability

### **Amber Mosewich, University of Alberta, Canada**

- T1) Self-compassion in Sport
- T2) Supporting Women Athletes
- T3) Athlete Development: Supporting Well-being Along Performance in Sport
- T4) Mixed Methods Research

### **John Telford, Camosun College, Canada**

- T1) Towards Restoring Human-Nature Relationships Through Outdoor Adventure Education in the Context of Contemporary Global Ecological Concerns
- T2) Engaging with Decolonization and Indigenization in Canadian Outdoor Adventure Education

### **Saša Jovanović, University of Banja Luka, Bosnia and Herzegovina**

- T1) Dance: the space between art and sport
- T2) Adapted Dance as a Tool in Working with Special Group \*

### **Igor Vučković, University of Banja Luka, Bosnia and Herzegovina**

- T1) Free Throws & Jump Shot: Combining Jump-Shot With Other Elements of Attacking Technique \*
- T2) Offensive Post Moves & Playing With and Without the Ball \*

### **Rebecca Hawkins, University of Lincoln, United Kingdom**

- T1) Time to Question the (Over)Use of SMART Goals for Physical Activity Promotion?
- T2) Should We Be Specific or Vague in Our Approach to Setting Physical Activity Goals?
- T3) The Affective Response to Exercise; Does Exercise Make People Feel Better?

### **Gert-Jan Hospers, Radboud University, Netherlands**

- T1) Tourism Topics: New Developments in Tourism Research with a Special Attention to Sustainable, Health and Cycling Tourism
- T2) Placemaking: Strategies to Make Places (e.g. city districts, town squares and village centres) Where People Feel at Ease With a Focus on Child- and Senior-Friendly Placemaking

### **Itai Har-Nir, Wingate College, Israel**

- T1) The Feasibility of Using Telecommunication for Physical Activity in Older Adults Population
- T2) Exercise Snacks: New Perspective for Improving Health and Function in Older Adults?

### **Jia Lin, Palacký University Olomouc, Tibet / Czech Republic**

- T1) Our souls are lonely and free – Tibetan folk dance \*